





abu camp spa



DEEP TISSUE MASSAGE

A firm therapy, the movements of which incorporate deeper pressure and concentration on areas of tension and pain. Perfect after a bumpy game drive!

Back Massage 30 min | P 40
Full Body 60 min | P 600

AROMATHERAPY MASSAGE

This relaxing massage is enhanced by the use of a unique blend of essential oils which calm the mind and open the senses.

Back Massage 30 min | P 40
Full Body 60 min | P 600

HEAD & NECK MASSAGE

An extended head massage incorporating neck, shoulders and arms. A truly tension-relieving experience!

30 min | P 400

FOOT MASSAGE

An indulgent soak and exfoliating foot scrub are followed by an energising massage to revitalise tired feet.

30 min | P 400

HAND & FOOT MASSAGE WITH EXFOLIATION

Dry skin is removed with a luxurious scrub, followed by a hydrating and relaxing hand and foot massage.

45 min | P 500

AFRICAN MARULA OIL & TAPOLE BODY WRAP

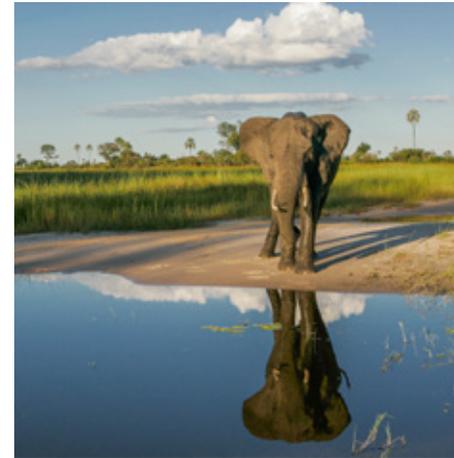
Experience our pure and natural Hypoxis Body Wrap. African potato ("tapole" in Setswana) and marula oil is warmly applied to soften, soothe and improve skin hydration while also fighting free radical damage. This herbal blend of neroli and geranium relaxes you on application. Enjoy a traditional foot ritual and deeply relaxing scalp massage while the wrap embraces your the skin. Finally, there is a soothing massage with body-conditioning marula oil, which creates a natural barrier to hold in moisture and improve collagen and elastin, to complete the experience.

90 min | P 1200
120 min | P 1500

Massages are available for you to enjoy in the privacy of your room. All products are from the Africology Massage range. Please book your treatment with the Spa Therapist, your host or any manager.



ABU CAMP
Okavango Delta - Botswana



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